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**Visual Impairment/Low Vision**

**Training, Consultancy and Support Services**

**Web:** [**www.focalpointuk.co.uk**](http://www.focalpointuk.co.uk/)

**Moving On – Advanced O + M Training**

**‘easy2see’ Vision Training Series**

**Andy Fisher – Senior VI Consultant (Vision Rehab + Low Vision)**

This one-day advanced Orientation and Mobility Course is for qualified Vision Rehabilitation Workers.

**The Course Aim:**

ToprovideO + M training that updates professional practice by reviewing theory and evidence, equipping participants with strategies and options for dealing with more complex O + M situations and identifying possible solutions when working with additional factors and mobility aids

**Learning Outcomes - At the end of the course you will be able to:**

* State and describe up-to-date theory and principles of O + M practice
* State and explain specific VI issues related to the use of various mobility aids
* Identify the needs of people with VI using mobility aids and ‘associated equipment’
* Identify and compare strategies to integrate VI needs with the use of mobility aids
* Demonstrate mobilisation options and solutions with a range of mobility aids

**Programme**

Session One

* Welcome and introductions
* Aims, learning outcomes and setting the scene
* Update on O + M Theory and Research
* Manual Handling versus Sighted Guide - making the right 'call'

Session Two

* Getting the right support - working with walking sticks
* Frames in O + M - using walking frames and Rollators

Session Three

* Being mobilised - mobility scooters in O + M
* Wheelchairs - powered and self-propelled

Session Four

* Taking baby for a walk - buggies and prams for O + M
* Evaluation and close